Program Mission:

Hundreds of professional athletes retire each year. Unfortunately, many former athletes spend retirement in physical and mental pain, the result of abusing their bodies for years on the playing field.

Since 2001, the Center for the Study of Retired Athletes (CSRA) at the University of North Carolina at Chapel Hill, in collaboration with the NFL Players’ Association, has been investigating the spectrum of physical and mental challenges these former athletes face, and has provided medical care to former athletes as part of a clinical research protocol.

The Brain and Body Program offered by the CSRA in collaboration with UNC’s Departments of Neurology and Physical Medicine and Rehabilitation provides former athletes with a comprehensive evaluation of their cognitive and physical functioning at the state of the art UNC Imaging and Spine Center located one mile from UNC’s Campus. Through participation in this Program we hope to improve the quality of life for former athletes so they may fully appreciate life after sports.

Services Provided:

- Initial screening and medical history
- Evaluation with a Sports Medicine Physiatrist
- Neuropsychological Evaluation
- Consultation with a Cognitive Neurologist
- Magnetic Resonance Imaging - MRI
- Program Evaluation
- Post Day of Care Follow-Up

You May Qualify for the Program if You Are Experiencing:

- Early signs of memory impairment
- Increased episodes of sadness, irritability or depression
- Chronic headaches and other post-concussion signs and symptoms
- Musculoskeletal pain which has led to lifestyle changes and psychological problems

Meet the Team:

Kevin Guskiewicz, PhD, ATC  Michael Lee, MD  Julian Bailes, MD  Kevin Carneiro, DO  Karla Thompson, PhD  Daniel Kaufer, MD  Amy Matthews, MSW

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